

# Robert Kandell

Robert Kandell is an accomplished writer, teacher, coach and lecturer. Since 2002, he has been guiding his audience on methods for improving communication that has helped build thousands of successful relationships. He has participated in more than 2000 live events, lectures, podcasts and workshops. He is also the co-founder of the OneTaste which has been featured on the Today Show, New York Times, Inc. Magazine, Time and Cosmopolitan.



*To see my video, writing and interview samples, speaking topics, bio and headshots, click here:*

<http://tufflove.live/media>

Robert understands the challenges of authentic relating in the 21st century. His expertise lies in his ability to take complex situations and give pragmatic, easy to implement practices to improve intimacy and communication. His enthusiasm, acumen, and vast repertoire of stories provides both entertainment and education to podcasts and live lectures. He has been an entertaining guest to popular podcasts such as UnTame Yourself, ManTalks and Together.Guide.

**“Artemis School didn’t need a panel as much as just you. When you reached for the mic, we knew what we were about to get was the straight, unfiltered truth.”**

– Brad Verebay



## *Areas of Expertise:*

### **Superior Communication**

- How to tell your partner the truth
- How men and women communicate differently
- How to create structures to have a more honest relationship
- How to ask for what you want in bed that has your partner feel validated

### **Romance in the 21st Century**

- The strange epidemic of ghosting
- “Men are acting more like boys, women more like men”
- The effect of the “swipe right” society
- The impact of a woman’s vigilance center
- Understanding men’s sexual shame

### **Alternative Relationships**

- Monogamy as a choice not as an assumption
- How to transform jealousy into power

## **Contact Information**

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